



Championship Twirlers Encourage Kindness and Respect

Last April, Micah, a 6th grader at UVMS won the gold medal the gold medal for the USA with her duet partner in their division in Lillehammer, Norway! This past July she qualified again to represent the US in Limoges, France this August! Micah is the youngest member on Team USA and will be competing in the 2-baton event! Micah's sister, Hannah, is a third grader at VFES and is the NYS Champion baton twirler in her division!

At the last home AHS boys' varsity basketball game, the girls, along with two of their teammates, performed a baton twirling routine to the song "Shake It Off" to encourage our students to shake off the behaviors of those who treat others with disrespect. The girls dedicated this routine to the popular slogan #bekind. They will continue to perform it for Arlington students to encourage them to be strong role models by being kind to others and treating everyone with respect.